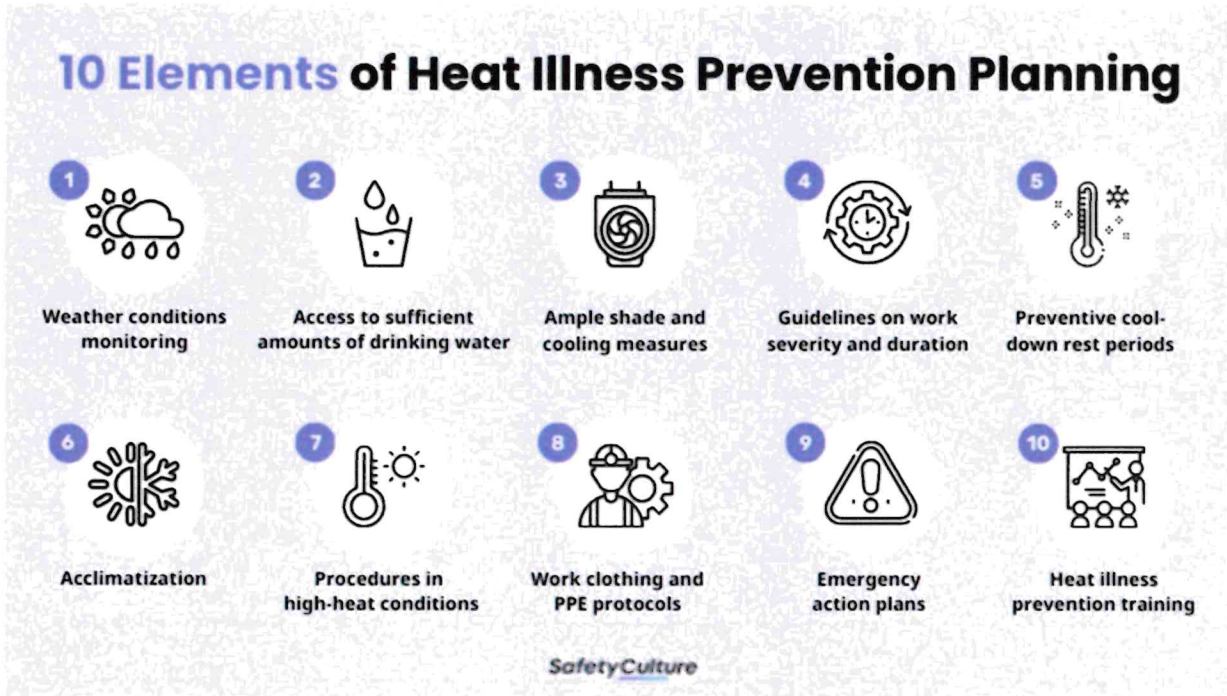


## LGVSD Heat Illness Prevention Plan – Outdoor/Indoor

Here is what you NEED to know:

**When the outside temperature reaches 80F, you must apply the provisions of this program!**



### Training

- a) Annual training to review Heat Illness Prevention Plan – signs and symptoms of heat stress, heat exhaustion and heat stroke

### Weather monitoring

- a) Crews and supervisors will monitor the temperature at the job sites using whatever equipment is available (for example: dry bulb thermometers and vehicle temperature/thermometer readings).

### Provisions of water

- a) Supervisors will be responsible for ensuring that sufficient water is available for all employees at all times during conditions of serious heat hazards

### Access to shade

- a) Employees shall be allowed and encouraged to take a preventative cool-down rest in the shade when they feel the need to do so to protect them from overheating. Such

access to shade shall be permitted at all times. An individual employee who takes a preventative cool-down rest:

- i. Shall be monitored and asked if he or she is experiencing symptoms of heat illness;
- ii. Shall be encouraged to remain in the shade;
- iii. Shall not be ordered back to work until any signs or symptoms of heat illness have abated, but in no event less than 5 minutes in addition to the time needed to access the shade.

**When the outside temperature reaches 95F, the District shall implement the following high-heat procedures:**

- a) The District shall ensure effective employee observation/ monitoring by implementing one or more of the following:
  - i. Supervisor or designee observation of 20 or fewer employees, or
  - ii. Mandatory buddy system, or
  - iii. Regular communication with sole employee such as by radio or cellular phone, or
  - iv. Other effective means of observation.
- c) The District shall designate one or more employees on each worksite as authorized to call for emergency medical services, and allow other employees to call for emergency services when no designated employee is available.
- d) Employees will be reminded throughout the shift to drink plenty of water.
- e) The District will conduct pre-shift meetings before the commencement of work to review the high heat procedures, encourage employees to drink plenty of water, and remind employees of their right to take a cool-down rest when necessary.